



## CARE's WorkLife Solutions

Toll Free 866.888.1555

[www.caresworklifesolutions.com](http://www.caresworklifesolutions.com)

# Care's WorkLife Solutions

- Assistance with program implementation, including assistance in developing workplace policies relevant to employee assistance (i.e., alcohol and other drug policies; violence prevention/threat assessment policies).
- 24/7 access to credentialed clinical staff or Certified Employee Assistance Professionals.
- Face-to-face assessment and short-term problem resolution (up to five sessions) for such personal problems as domestic violence; mental illness, such as depression or anxiety disorders (child or adult); alcohol or other drug abuse/dependency; marital/relationship problems; step-family/parenting issues; legal and financial difficulties; grief/loss issues; gambling/impulse control disorder problems; child- and eldercare information and referral; and, other work/life issues.
- Onsite personal development and wellness workshops for employees and managers on such topics as Coping with Change; Conflict Resolution; Teambuilding; Dealing with Difficult People; Managing Stress; and Cultural Diversity.
- Phone consultation for life-management issues, such as referral to a child- or eldercare resource; debt management or legal services; temporary shelters/domestic violence resources; and, other such human services agencies and resources.
- Employee orientation and supervisory training to encourage self- and supervisory referrals to the program.
- Access to other CARE services, including parenting education programs and treatment services for employees who are uninsured, underinsured or who exhaust certain behavioral healthcare benefits.
- Case management services for employees already receiving addiction treatment or behavioral healthcare services.
- Quarterly newsletters for employees and supervisors.
- Paycheck stuffers, worksite posters, brochures, wallet cards and other promotional materials.
- Supervisory consultation on employee job performance issues.
- US Department of Transportation (DOT) assessments and return-to-work evaluations.
- US DOT employee and supervisor trainings.
- Threat of violence assessments (initial assessment and/or referral for psychiatric evaluation).
- Critical Incident Stress Debriefing (CISD) services under the auspices of Macomb Emergency Response Group (MERG).
- Online wellness information at the EAC Web site, [www.caresworklifesolutions.com](http://www.caresworklifesolutions.com)

CARE's WLS is accredited by CARF.

