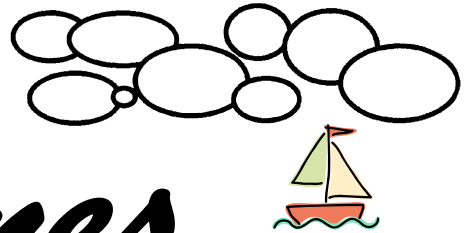


STEPPING Stones



Parent & Community Based
Education for Healthy Living

SUMMER 2006

CARE (Community Assessment Referral & Education) ~ (586) 541-0033 ~ www.careofmacomb.com

Parenting is a Cinch! NOT!

1. In a democratic family, all members get an equal vote.
True False
2. It is a parent's job to
 - a. control their children.
 - b. teach their children to think.
 - c. make sure their children are never disappointed.
3. Discipline means to
 - a. punish
 - b. teach
 - c. pamper
4. Our society encourages children to
 - a. want a lot of "things."
 - b. become independent and responsible for their own behavior.
 - c. become a contributing member of their family.
5. It is a child's job to
 - a. test the limits.
 - b. make his/her parents happy.
 - c. drive his/her parents crazy.
6. Platitudes like "listen to your children," "communicate with your children," and "spend time with your children" are over simplistic and are not helpful to many parents.
True False
7. The following is an indication that the parent has healthy parenting skills:
 - a. a college education.
 - b. taking one, two or three parenting classes.

THANK YOU to those who participated
in our Stepping Stones survey!

CONGRATULATIONS
to the following Tea ticket winners:

**Janine Hendershot
Marsha Young
David Rost
Melva Ross
Loretta Malyszek**

Community Service Hours for Teens and College Students



Help CARE in the office! Spend a few hours processing a mailing, organizing presenter packets or putting together kits for one of our many programs.



Join a CARE Preventionist at a community health fair or festival. Volunteers paint faces, apply temporary tattoos, play games with children or help pass out CARE information!



Join the Nicotine Narcs (a teen advocacy group) and help fight big tobacco, or participate in T3 (Teens Talking Truth) who promote healthy lifestyles!!



Teen Facilitators/Presenters Needed for:
Project Focus Winter Program
FASD Training Opportunities
Summer Youth Support Camp

**Call Emma at 586-541-0033 for more
information on how you can earn
community service hours while having fun!**

*****CARE'S SUMMER CLEANING*****

If you would like to continue receiving Stepping Stones, or to be added to our mailing list, please contact Christyn Taylor at 586-541-0033 Ext. 212 or ctaylor@careofmacomb.com

Bunches from Barb

Barb Browe, Community Services Director

Macomb County's 11th Annual Parenting Conference, *Home Improvement*, provided an educational and resourceful day to over 350 participants coordinate CARE's Paddy Laske.



Keynote Speaker, Dr. David Walsh and First Gentlemen, Daniel Mulhern, provided information that would help parents guide their young children.

Playhouses were built and decorated by local schools, displayed at Macomb and Lakeside Malls, and then were auctioned to raise funds to support the conference. A big thank you to Stock Building and John's Lumber for donating the materials!!

Proceeds from *Playhouse Village* allowed CARE to provide a wide range of speakers and giveaway items to enhance a true spirit of *Home Improvement*.

We would like to take a moment to thank the following:

Extreme Makeover Sponsor - CVS/pharmacy, **High Budget Remodeling Sponsors** - Macomb Intermediate School District Great Parents/Great Start, Macomb County Community Services Agency/Head Start and Macomb County Community Mental Health Office of Substance Abuse, **Updating Sponsor** - Blue Cross Blue Shield, **Small Project Sponsors** - Centerline Public Schools, Dr. Sandie McCuiston, Fraser Public Schools, L'Anse Creuse Public Schools, St. John Health, **Handyman Sponsors** - L'Anse Creuse High School North, South Lake Schools Board of Education and Van Dyke Public Schools. And Flagstar Bank for the participant gifts and staff participation.

Come join us at the 12th Annual Parenting Conference, *Building a House of Hearts*, on March 3, 2007!



Youth Support Camp

(breakfast & morning snack provided)

CARE's FREE Youth Support Camp is for youth ages 6-15 who are concerned about a family member's use of alcohol or other drugs or have a family member in recovery.

JULY 10-13 & JULY 17-20, 2006

**Monday, Tuesday, Wednesday and Thursday morning
from 8:30 am - Noon
Cornerstone Baptist Church
17017 12 Mile Road
(between Utica & Groesbeck)
Roseville, MI 48066**

Call Paddy Laske at 586-541-0033 for more information or to register.

Greater Macomb Project



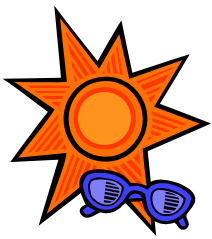
Panel Discussion on Recovery

Thursday, April 27, 2006 from 6:30 - 8:30pm
Fraser High School Auditorium
34270 Garfield Road, Fraser 48026
Light refreshments will be served.

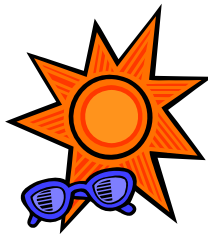
Panelists will address what is happening in the field of alcoholism and other drug dependency.

Healthcare professionals, legislatures, educators, employers, the recovering community, religious leaders, and the community at large are encouraged to get the facts.

**For more information,
call Kathy Rager at 586-541-0033**



Calendar of Events



Please check our website - www.careofmacomb.com - for updates on workshop dates and upcoming events!

APRIL

Month of the Young Child & Alcohol Awareness Month

April 27
Panel Discussion on Recovery held at the Fraser High School Auditorium. For more information, contact Kathy Rager at 586-541-0033.

MAY

National Foster Care Month
www.fostercaremonth.org

May 21
4th Annual Tea featuring Haywood Smith, author of *The Red Hat Club* books! Call 586-541-0033 for more information or to purchase tickets!

May 24
3rd Annual Summer Safety Fest. Call Barb Browe at 586-541-0033 for more information.

JUNE

June 21
Older American Festival at Freedom Hill. Call 586-541-0033 for more information.

JULY

July 10-13 & July 17-20
Youth Support Camp. Call Paddy Laske at 586-541-0033 for more information.

AUGUST

August 11
Productivity in the Workplace Conference. For more information, contact Michele Muldoon at 586-541-1555.

SEPTEMBER

September 23
Celebrate Recovery Walk & Rally held at the Belle Isle Park in Detroit. Call 313-369-5400 for more information.

FASD Support Group

Raising children with FASD
2nd Monday of every month from 6:00 - 8:30 pm. Call 586-541-0033 for more information.

MCCSA Headstart

Free preschool programs for 3 and 4 year old children. Call 586-469-4215 for more information and registration.

Hot Links

www.edpub.org
www.leapsnbounds.org
www.discoveryschool.com
www.nofas.org

A Great Big Thanks!

We ask that you please support the following businesses that have donated to CARE:

Thomas J. Karas, D.D.S
25625 Jefferson, St. Clair Shores
586-775-3960

English Gardens

Locations in
Ann Arbor
Clinton Township
Dearborn Heights
Eastpointe
Royal Oak
West Bloomfield

**Joe Randazzo's
Fruit & Vegetable, Inc.**
5240 East Outer Drive, Detroit
313-477-0984


teenintervene

Teen Intervene is a program for youth, ages 12-19 who are suspected of experiencing mild or moderate problems associated with alcohol or other drug use. Parents and school districts can refer youth to CARE to take part in the program. Teen Intervene is a research based program, developed by the Hazelden Foundation, and offers school districts an opportunity to refer youth in lieu of suspension.

A three-part parent session is run simultaneously and is mandatory for teen participation. Call 586-541-0033 for more information.

CARE (Community Assessment Referral and Education) is dedicated to the prevention of alcohol, tobacco and other drug use disorders. Federal, state and local funding has been provided through Macomb County Mental Health/Office of Substance Abuse to support project costs.

Recipients of substance use services have rights protected by state and federal law and promulgated rules. For information, contact CARE Recipient Rights Advisor, 31900 Utica Road, MI 48026, (586) 541-0033 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan 48909.



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www.careofmacomb.com

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www.careofmacomb.com