

TeenScreen

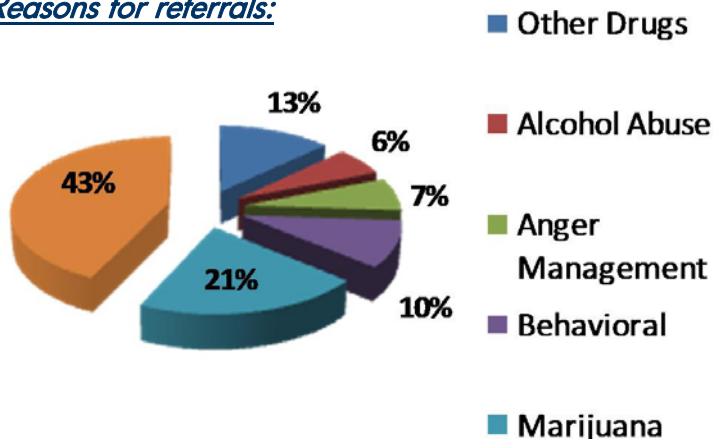
CARE continues to work with the Columbia University TeenScreen program to provide mental health screenings to those students who are referred to our Student Assistance Center. TeenScreen is an assessment tool used to identify mental illness in teenagers, which are often difficult to recognize. In 2008, CARE screened 543 students. Of these, 119 teens identified themselves as having suicidal ideations or attempts. This is 22% of students assessed at CARE. An additional 117 screened positive for having various mental health concerns.

For more information regarding this program, please contact Lynda at **586.218.5271** or lzott@careofmacomb.com

2007-2008 Student Assistance Data

CARE provided assessment and referral service for 761 youth, 511 of which were referrals from school district personnel and 250 were self or community referred.

Reasons for referrals:



Macomb County Heroin Admission Trends

Over the past five years, there has been a shift in the primary drugs of abuse reported by those entering treatment at publically funded programs. In 2003, the primary drugs were alcohol, cocaine, and marijuana. By fiscal year 06-07, data indicates that admissions for treatment of alcohol and opiates (heroin and/or pain medication) were nearly equal at 36% and 35%, respectively, with admissions for cocaine was a distant third at 15%. In 2007, opiate use, heroin or illicit use of prescription drugs, rose from 22% in 2003 to 35% in 2007.

AAP Literacy Kit

The updated Literacy Toolkit is an interactive web-based resource designed to help health professionals encourage all parents to read with their children. The site introduces a wide variety of strategies and tools to support future school success. There are tips for parents available in a variety of languages for parents of all reading levels, posters, book lists for a variety of ages and topics, and links to many helpful resources. Visit the toolkit at www.aap.org/literacy.

A Special Presentation

On April 7, Debra Jay, local author, will speak on addiction, the impact of the disease on the family, enabling and intervention.

Ms. Jay is Co-Author of:

- *No More Letting Go: The Spirituality of Taking Action Against Alcoholism and Drug Addiction*
- *Love First: A New Approach to Intervention*
- *Aging and Addiction: Helping Older Adults Overcome Alcohol or Medication Dependence*

She has appeared on the Oprah Winfrey Show, is a Certified Addiction Specialist and Professional Interventionist. For more information, contact our office at **586.541.0033** or csmith@careofmacomb.com.

Parenting Conference

Macomb County's 14th Annual Parenting Conference is scheduled for Saturday, March 7, 2009, at the Macomb Intermediate School District Conference Center. The cost is \$30 per person and will include a continental breakfast and lunch. The conference will feature a keynote presentation by Emmy Award winning expert, Michael Brandwein. For more information, or to download your mail-in registration form, please visit www.careofmacomb.com/events. To speak with someone directly about the conference, call Margaret at 586.541.0033.

Responsibility Project

The Responsibility Project is an online family resource which offers films, articles and discussion forums relating to parenting issues. Participants are encouraged to share stories, perspectives, and thought-provoking experiences which helps support the on-going discussion of successful parenting. For more information, visit www.responsibilityproject.com.

Michigan Profile for Healthy Youth

The 2008 Michigan Profile for Healthy Youth (MiPHY) was completed by 7, 9, and 11th grade students in Michigan. The following reflects student survey responses from 6 districts that voluntarily participated in Macomb County and may not be representative of all high schools in the county.

ALCOHOL

Percentage of students who reported easy or very easy to get alcohol.

County	Gender		Race/Ethnicity		
	M	F	Black	White	Hispanic
74%	72.9%	75.1%	65%	75.6%	67.4%

Percentage of students who reported regular alcohol use to be a moderate or great risk.

71.8%	64.8%	78.7%	73.6%	72.4%	65.8%
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Percentage of students who reported their parents felt regular alcohol use to be wrong or very wrong.

86%	84.6%	87.4%	89.9%	85.6%	85.7%
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Percentage of students who ever drank alcohol (lifetime)

59.1%	57.9%	60.2%	56.4%	59.6%	59.4%
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Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days.

27.3%	27.2%	27.3%	24%	27.5%	30.3%
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Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days.

9.4%	10.7%	8.2%	4.3%	10.1%	10.1%
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100% Increase in Children Served

The Macomb Intermediate School District Project for Homeless Children reports that they served more than double the number of homeless students from 2000-2001 through 2007-2008 in the following school districts:

DISTRICT	2000-01	2001-02	2002-03	2003-04	2004-05	2005-06	2006-07	2007-08
Anchor Bay	10	14	12	19	19	17	32	20
Center Line	10	13	7	13	8	5	27	26
East Detroit	2	13	26	39	29	29	24	30
Fraser	6	9	12	10	10	16	9	20
Lake Shore	4	5	12	13	7	9	15	15
Lakeview	1	*	8	3	3	9	7	8
L'Anse Creuse	38	46	26	36	42	45	43	72
Romeo	1	1	11	17	10	13	19	18
Roseville	20	23	36	48	28	50	15	62
South Lake	*	3	3	8	5	5	6	17
Warren Woods	1	2	1	4	9	17	16	15

* None Reported

Save the Date

Class Action, a conference planned and presented by CARE's **Teens Talking Truth** (youth committed to the reduction of alcohol use by their peers) will be held on May 12, 2009 at the Macomb Intermediate School District. The entertaining and interactive event will have teens presenting court cases on alcohol use and its impact on teens. Local judges will participate. Call Lynda at **586.541.0033**.

CARE's Student Assistance is funded by Macomb County Community Mental Health Office of Substance Abuse, Macomb County school districts and fundraising efforts.

Mark Your Calendar

Call to Conversation

February 27, 2009
Judges, Magistrates,
Probation Officers from the 6
Project Remedy communities.

"Life of an Athlete"

Presented by John Underwood
Designed for coaches, athletic
directors and school
administrators.
Time/Date (TBA)

Teen Conference

May 12, 2009
Macomb Intermediate
School District

If you have questions or
comments regarding these
community events,
please contact CARE's office at
586.541.0033.

For more information on:

- ◆ Parenting Classes
- ◆ Anger Management
- ◆ Early intervention of Substance Use By Teens

contact CARE's
office at

586.541.003



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Office Hours:
M, T, TH: 8:30 am - 9:00 pm
W & F: 8:30 am - 5:00 pm