



SAC News

CARE's Student Assistance

A publication between CARE's Student Assistance & Contracted School District

SPRING 2007

Revised Referral Forms

CARE, through contractual agreements with many school districts, provides substance use and mental health evaluations for those students whose school personnel indicate they may benefit from treatment. Because of confidentiality laws, CARE has struggled with giving information to school staff that might unknowingly break these laws or compromise the wishes of the family. Upon working with the Legal Action Center, CARE has revised its confirmation letter – the letter received by the school personnel once the student has kept their appointment. We hope that this revision will make it easier for school personnel to further support the student and their family. That being said, please remember:

- ◆ **A release of information form must be completed before CARE can share any information.** This is complicated. If a student does not make or keep an appointment and has not signed a release of information at the school, we can not tell you if we have ever heard from the student or their family.
- ◆ On the referral form, clear and accurate information regarding the reason for referral is necessary for the clinician to complete a thorough assessment. School personnel completing the form should be aware that information on the referral form may be shared with the student or their parents. If school personnel want to share information with CARE that they do not want to include in the referral form, they can call 586-541-2273 and speak with CARE's Clinical Director, Scott Schadel.

We hope that this change is an improvement and works toward the best possible outcomes for students.

CARE ALSO OFFERS

Staff Trainings

Student Assistance Referral Procedures
Managing Stress
Handling Difficult Students
Diversity in the Classroom
Conflict Resolution
Compassion Fatigue
Effective and Assertive Communication

More Educational Groups

Anger Management for Adults
Improving Relationships
Effective Parenting

CARE Awards Grants to Utica & Chippewa Valley School Districts

Students from Utica's Henry Ford II High School and Chippewa Valley's Dakota High School received grants to implement a depression and suicide prevention project. The goal of the project will be to educate peers on the signs and symptoms of depression and suicide and inform students of the help available to those affected by these issues.

Students were recognized and received their awards at the *News on Booze – Don't Use* Conference.

These grant projects were made possible through collaborative efforts of CARE, the Macomb County Community Mental Health Crisis Center, St. Joseph Healthcare, CVS/pharmacy and the Macomb Intermediate School District.

The News on Booze – Don't Use

On March 26, CARE's youth groups, the Nicotine Narcs (NN) and Teens Talking Truth (T3) planned and hosted a conference for over 250 Macomb County youth. NN & T3 are CARE-sponsored youth groups who advocate for healthy lifestyles.

The News on Booze – Don't Use welcomed Kelly O'Callaghan from Traffic Safety Association of Macomb County, as the keynote speaker. Kelly shared valuable information that left youth considering how their choices will impact their future health and family relationships. Her hard-hitting and sometimes humorous presentation, brought laughs and tears to a spellbound audience.

Judge Kimberley Weigand, Sgt. Chris Rojem of the Macomb County Sheriff's Department, William Dailey, an assistant prosecutor, Officer Lisa Pettys of the Fraser Public Safety Department and Judge Joseph Oster served on a panel that discussed the legal ramifications of underage drinking.

CARE, the Macomb Intermediate School District, Traffic Safety Association of Macomb County sponsored the conference.

You can now view SAC News
on our website!
Visit www.careofmacomb.com

Kite Day

In celebration of Month of the Young Child, **KITE DAY** will be held at Prince Drewry Park at 21845 Quinn Road in Clinton township on April 28th from 12 - 2:00pm. Participants are encouraged to fly their own kites or purchase one on the day of the event for a nominal fee. There will be free give-a-ways and food while it lasts. This event, an opportunity to celebrate our children, is made possible by funding from the Macomb Intermediate School District State of Michigan Great Parents, Great Start grant.

Spring Family Fun Weekend

A Spring Family Fun Weekend will be held at Macomb Mall on April 21 & 22 from 12 - 5:00pm. This free program will feature Rosco the Clown, children's activities and information for parents. This free program is possible through the sponsorship of the Macomb Intermediate School District/Great Parents Macomb, Macomb Mall, and the Macomb Association for the Education of Youth Children.



ABC 1-2-3 Literacy Project

Single parents of children ages 0-3 and have limited means are invited to participate in a free program that encourages early learning. Children hear stories and participate in fun activities, receive free books and backpacks filled with supplies. Michigan State University Extension sponsors the free entertaining program. Parents wishing to improve their relationship with their children through reading can call Su Porter at 586 469-5180.

Anger Management for Adolescents

Six sessions teach family members how to manage their strong emotions more effectively.

Please contact Lynda Zott at 586-541-0033 ext. 215 for upcoming dates.

Lutheran Services provides services to teen parents. Call 586-558-4798 for more information.

UNDERAGE DRINKING LAWS



What parents should know:

- ◆ As a parent, you cannot give alcohol to anyone, including your own children, under the age of 21, under any circumstances, even in your own home.
- ◆ You cannot knowingly allow a person under 21 to remain in your home or on your property while consuming or possessing alcohol.

If you break the law:

- ◆ You can face a \$1,000 fine.
- ◆ You can face civil court fines if you give alcohol to anyone under age 21 and they hurt someone, themselves or damage property.
- ◆ Officers can take any alcohol, money of property used in committing the crime.

A program of Drug-Free Action Alliance and the Macomb County Prevention Coalition.

teenintervene

Teen Intervene is a program for youth, ages 12-19 who are suspected of experiencing mild or moderate problems associated with alcohol or other drug use.

Teen Intervene is a research based program, developed by the Hazelden Foundation, and offers school districts an opportunity to refer youth in lieu of suspension.

A three-part parent session is run simultaneously and is mandatory for teen participation.

Call Lynda Zott at 586-541-0033 ext. 215 for more information.

The Student Assistance Center is partially funding by Blue Cross Blue Shield of Michigan, DaimlerChrysler Corporation Fund, Detroit Newspaper Partnership, L.P., the Detroit Free Press, Macomb County school districts and fundraising efforts.



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Office Hours:
M, T, TH: 8:30 am - 9:00 pm
W & F: 8:30 am - 5:00 pm