



Community
Assessment
Referral &
Education

www.careofmacomb.com

SAC News

Student Assistance Center at CARE

A publication between Macomb County Schools and CARE's Student Assistance Center

FALL 2005

DRUG TESTING IN SCHOOLS

Much is being said about drug testing in schools. Proponents say that it deters kids from using. Opponents say that it implies parents do not trust their teens. There is an element of truth in both of these camps.

Regardless of the beliefs of school personnel, parents and professionals, planning for drug testing in schools must be considered carefully. The Office of National Drug Control Policy recommends that any district anticipating the implementation of drug testing, speak with an attorney who is well versed in the law. While a decision in June 2002 by the U.S. Supreme Court expands the authority of public schools to test students for drugs, concerns about liability remain.

The big question for CARE is what does a district do AFTER they drug test and the results are positive for use of an illicit drug? CARE's mission is to support a healthy environment for family members through educational opportunities, access to treatment and employee assistance programming. Staff believe that when there is appropriate communication, clear boundaries and family support, individuals thrive.

So when teens test positive what happens? Are they referred to CARE for a substance use assessment? Do they get referred to CARE's program, **Teen Intervene**, a three-part series for first time users? Are parents referred to a CARE parenting class?

Schools who decide to test need to have a plan in place that HELPS the child and his/her family. Punishment is NOT the answer. Punishment makes kids go underground with their activity, builds resentment and destroys parent/child, school/child relationships. CARE can help you offer information and alternatives to parents that can help turn the path of a child headed in the wrong direction.

What are the risks?

Schools should proceed with caution before testing students for drugs. Screenings are not 100% accurate, so every positive screen should be followed by a laboratory-based confirming test. Before going ahead with tests, schools should also have a good idea of precisely what drugs their students are using. Testing for just one set of illegal drugs when others pose an equal or greater threat would do little to address a school's drug problem.

Confidentiality is a major concern with students and their parents. Schools have a responsibility to respect student's privacy, so it is vital that only the people who need to know the test results see them - parents and school administrators, for example. The results should not be shared with anyone else...not even teachers.

Call Kathy Rager at 586-541-0033 for more information about drug testing in schools.

BE A FRIEND TO A STUDENT!

REFER A PARENT TO A
CARE PARENT WORKSHOP!

586-541-0033

WWW.CAREOFMACOMB.COM

THE STUDENT ASSISTANCE CENTER CAN HELP!

Family Problems - Alcohol/Drug Use
Personal Stress - Emotional Problems

Services are confidential and
FREE to students who qualify.

586-541-2273 (CARE)

Give the Gift that lasts forever
Student Assistance Center

Confidential
Clinical Assessments for

Family Problems
Emotional Problems
Alcohol/Drug Use
(Conducted by a Master Level Clinician)

Educational Groups for

Improving Relationships
Effective Parenting
Anger Management

Professional In-service for

Managing Stress
Handling Difficult People
Maintaining Boundaries

Project Focus teaches youth the dangers of alcohol and drugs.

Children and their parents/caregivers who are living in alcoholic or other drug dependant environments, can enjoy a **FREE** program that explores addiction and offers skills for staying healthy. Children learn the effects of alcohol and other drugs on their bodies, ways to ask for help and skills that encourage their ability to feel capable and safe.

Two Locations to pick from!

Cornerstone Baptist Church - Roseville
Thursdays (monthly) Oct. 13, Nov. 10 & Dec. 8, 2005
Thursdays (weekly) from Jan. 12 - Mar. 23, 2006

Zion United Church of Christ - Mt. Clemens
Tuesdays (monthly) Oct. 18, Nov. 15 & Dec. 13, 2005
Tuesdays (weekly) from Jan. 10 - Mar. 28, 2006

**To register or for more information call
Paddy Laske at 586-541-0033**

Anger Management for Adolescents

This workshop lasts six weeks and teaches families how to manage their anger more effectively.

Two Groups: Ages 9-11 & 12-14
November 10 - December 15, 2005
(week 3 held on Monday 11/21/05)
6:00 - 7:30pm

CARE ~ 31900 Utica Rd., Fraser 48026
(Corner of Masonic and Utica)
For more information call 586-541-0033

teenintervene

Series Dates

October 19, 26, & November 2, 2005*
November 9, 16 & 23, 2005*
February 8, 15 & 22, 2006*
March 8, 15 & 22, 2006*

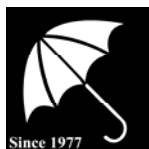
Teen Intervene is a three-part program for youth, ages 12-19 who are suspected of experiencing mild or moderate problems associated with alcohol or other drug use. School districts can refer youth to CARE to take part in the program that is based on stages of change theory, cognitive-behavioral therapy and motivational interviewing.

The research based program, developed by the Hazelden Foundation, offers school districts an opportunity to refer youth in lieu of suspension.

A three-part parent session is run simultaneously and is mandatory for teen participation. The cost of the program is \$75 for students who live in school districts that have a "full service" agreement with CARE's Student Assistance Center or \$150 for all other students/parents.

A CARE problem assessment is required to partake in the program.

**Dates subject to change. Call CARE at 586-541-0033 to confirm.*



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31900 Utica Road
Fraser, MI 48026
Phone: 586-541-2273
Fax: 586-541-2274

Office Hours:
M, T, TH: 8:30 am - 9:00 pm
W & F: 8:30 am - 5:00 pm

The SAC is located within the CARE office, which is on the southeast corner of Utica Road & Masonic (13 1/2 Mile Road) in Fraser

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