



FOR IMMEDIATE RELEASE

Community Assessment, Referral and Education
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**CARE's WorkLife Solutions (formerly CARE's Employee Assistance)
Department of Transportation (DOT) Training**

Fraser, MI, August 28, 2007 – CARE's WorkLife Solutions will have their quarterly Department of Transportation training on Tuesday, October 9th from 9:00am – 11:00am. Training will focus on the importance of DOT Federal Regulations and Risk Management for supervisors and drivers. Some of the key topics discussed will be:

For Supervisors

- What do the Federal Regulations require & who is affected?
- Effects on driving while under the influence of alcohol, marijuana, opiates, cocaine, amphetamines and PCP
- When is performance of safety-sensitive duty prohibited?
- Circumstances under which a driver will be required to test (pre-employment, reasonable suspicion, random, post accident)
- Positive test result and the role of SAP
- What is the return to duty process and what to I need to do from there?

For Drivers

- Who is affected by the DOT rules?
- Health hazards, the effects on performance and safety
- Circumstances under which a driver will be required to test
- Steps in the testing process. Can you cheat a test? What is an Adulterant? Dilute?
- The test is positive and a referral is made to the SAP. What happens now?
- Effects of alcohol, marijuana, opiates, cocaine, amphetamines and PCP while driving.

Discussions will include how substance abuse affects your driving and work performance. Training will also include an overview of drugs tested under the DOT regulations and their effects on driving. Reasonable suspicion, the importance of documentation, and the Substance Abuse Professional process will be discussed.

If interested, please contact us via email/phone.

CARE is an agency that promotes the empowerment of individuals and families through relationships with schools, businesses, public services and other community based organizations. Solution-focused programs and activities are designed to strengthen individuals in their role as employees, students and as family members. Visit us online at www.careofmacomb.com or call 586.541.0033 to find out more.

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