

# NEWS

## CARE



Community Assessment, Referral and Education  
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### **FOR IMMEDIATE RELEASE**

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### **CARE's Parent Education Program Spring 2007 Parenting Workshops**

**CARE is announcing the kick-off of the Spring 2007 Series of Systematic Training for Effective Parenting (STEP) skill-building courses for parents being offered from March – May, 2007.**

These group format workshops will give parents helpful techniques to improve communication, encourage cooperation, plus effective discipline strategies that promote both self-esteem and mutual respect within the family. Courses will be offered to parents and caregivers of children in the following age groups:

**Birth to Age 5  
Ages 6-12  
Ages 13-19**

**Parenting Young Children  
Parenting School Aged Children  
Parenting Teenagers**

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#### **Skills for Managing Anger Series for Adolescents**

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Specialty workshops will be offered in the following areas:

❖ **Parenting Children with ADD/ADHD**

**CARE** is an agency that promotes the empowerment of individuals and families through relationships with schools, businesses, public services and other community based organizations. Solution-focused programs and activities are designed to strengthen individuals in their role as employees, students and as family members.  
Visit us online at [www.careofmacomb.com](http://www.careofmacomb.com) or call 586.541.0033 to find out more.

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