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NEWS

Community Assessment, Referral and Education
31900 Utica Road
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FOR IMMEDIATE RELEASE

September 3, 2007

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CARE's Parent Education Program Fall 2007 Parenting Workshops

CARE is announcing the kick-off of the **Fall 2007 Series of Systematic Training for Effective Parenting (STEP) skill-building courses for parents being offered from October – December, 2007.**

These group format workshops will give parents helpful techniques to improve communication, encourage cooperation, plus effective discipline strategies that promote both self-esteem and mutual respect within the family. Courses will be offered to parents and caregivers of children in the following age groups:

Birth to Age 5 **Parenting Young Children-FREE**
Ages 6-12 **Parenting School Aged Children**
Ages 13-19 **Parenting Teenagers**

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**Skills for Managing Anger Series for Adults**  
**Skills for Managing Anger Series for Adolescents**  
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Specialty workshops will be offered in the following areas:

- ❖ Parenting children with ADD/ADHD

CARE is an agency that promotes the empowerment of individuals and families through relationships with schools, businesses, public services and other community based organizations. Solution-focused programs and activities are designed to strengthen individuals in their role as employees, students and as family members.
Visit us online at www.careofmacomb.com or call 586.541.0033 to find out more.

Community Assessment, Referral & Education

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