



CARE



Home of the
**Employee
Assistance
Center**

2004-2005 Annual Report

Management Team

Kathleen M. Rager, MSA
Executive Director

Brenda Szalka, LMSW, CAC-1, CEAP
Employee Assistance Director

Patricia M. Mroch, MA, LLPC
Clinical Director

Barbara J. Browe, CPC
Community Services Director

Sheri Crell
Operations Manager

Jeanne Rioux, BA, CPC
Prevention Supervisor

Designed by Christyn M. Taylor



Mission

CARE's mission is to strengthen, empower and support individuals and families through the provision of a high quality, comprehensive network of mental health, alcohol, tobacco and other drug dependency disorder and employee assistance services.

Vision

We envision a community where the services of CARE are guided by the needs, strengths and choices of the people served.

A community where CARE is the premier provider of assessment, referral, education, prevention and early intervention services aimed at alcohol, tobacco and other drug dependency reduction, mental health and employee assistance.

A community where CARE provides innovative and collaborative leadership with other community partners in the evolution of its services.

Letter from the Director

In our line of work, we don't always hear the positive impact our programs have on those we serve. However, this year has been a very good year. We have received numerous letters and short notes from people who are more than satisfied with our parenting or other educational programs. They share the information was helpful and has resulted in positive change that will help them build strong relationships and keep their children drug free. We have also heard from those needing treatment for alcoholism and other drug dependency. They speak of how living drug free has given them hope. In addition, we have heard from staff members of other agencies or schools who have used our services and shared, enthusiastically, that they were very impressed with the programs offered.

CARE has very skilled and committed staff and volunteers that are supported by a dedicated Board of Directors, the Macomb County Board of Commissioners and the Macomb County Community Mental Health Office of Substance Abuse.

I am grateful for the opportunity to serve in a community that truly CARES.

Kathleen M. Rager, Executive Director

Dear Jeanne,

Thank you for the great program you have. I utilized your resources a little over a year ago. You placed me in a 30 day inpatient program. Because of agencies like yours, I was able to maintain over a year in recovery (for alcoholism) and have come further in my life than I have ever gone or ever dreamed I would go. I came from being homeless to having housing. I hold two jobs. I will graduate from Baker college in June 2006 with a bachelor degree in human service. I thank you once again for a quick, friendly and life saving placement.

*Sincerely,
Carl Evans Jr.*

Dear Paddy,

I will share the information on the summer camp that you sent out to all school counselors. CARE does so much to help our kids and families. Please pass along our appreciation and thanks to everyone at CARE!

*Best Wishes,
Linda Susan Simpson, ACSW, SAS
School Social Worker Violet Elementary School
Lake Shore Public Schools.*

I joined the CARE Board of Directors a number of years ago because as an active member of the community I saw what CARE was doing and I liked what I saw. I wanted to be part of an agency that was truly involved and visible in the community.

~ Robert Wirsing, Board President

CARE is a nonprofit organization comprised of three major components: Access to Treatment, Employee Assistance and Student and Family Services. These components have integrated goals and objectives dedicated to providing quality services. Goals are focused on providing educational and skill building programs that will strengthen individuals and families. For some people, mental health and/or treatment for substance use disorders (alcoholism or other drug dependency) is recommended.

Access to Treatment

Where does a person begin to seek treatment for alcohol and/or other drug dependency in these days of limited or no insurance coverage, increased costs and managed care systems? Macomb County residents seeking treatment for alcohol and/or other drug dependency can start with a telephone call to CARE. Credentialed and licensed clinical staff will provide assistance that will enable the person to maneuver a complicated health care system. CARE has maintained a free-standing agency with the ability to connect people to any of a number of treatment agencies, support groups or community resources identified to meet their specific needs.

Employee Assistance Center

Employee Assistance Programs were initiated in the late 1960's to address the concerns of employers who were recognizing the impact of alcohol and other drug dependency on the work performance of their employees. The Employee Assistance Center (EAC), opened its doors in 1977 in a futuristic endeavor to meet those same concerns of Macomb County employers. In 2005, employers still are concerned about alcoholism and other drug abuse but have broadened their assistance to help employees with other life stressors including relationship problems, financial difficulties, and job related stress. The EAC provided 170 sessions for over 5,000 employees in 2004-2005 and 94% of these employees ranked the sessions as very good or excellent. The Employee Assistance Center also offers worksite educational programs and trainings.

Student and Family Services

Student and Family Services provides a variety of programs focused on strengthening individuals and families. The Student Assistance Center, one service of Student and Family Services, works closely with schools to help students who have problems because of mental health and/or alcohol and other drug concerns. Mental health and substance abuse assessments are provided with the goal of linking students to appropriate services. Parent and student education teach drug specific information, skills necessary to make healthy decisions, and community techniques required for the building of supportive relationships.

PROGRAM SUMMARY 2004-2005

CARE offers a multitude of educational programs that enhance the lives of individuals and families.

CARE's Programs provide:

- *Accurate up-to-date information on alcohol, tobacco and other drugs.*
- *Skill building activities that lead to life enhancing choices.*
- *Access to treatment due to the problematic use of alcohol or other drugs or in some cases, mental health issues.*

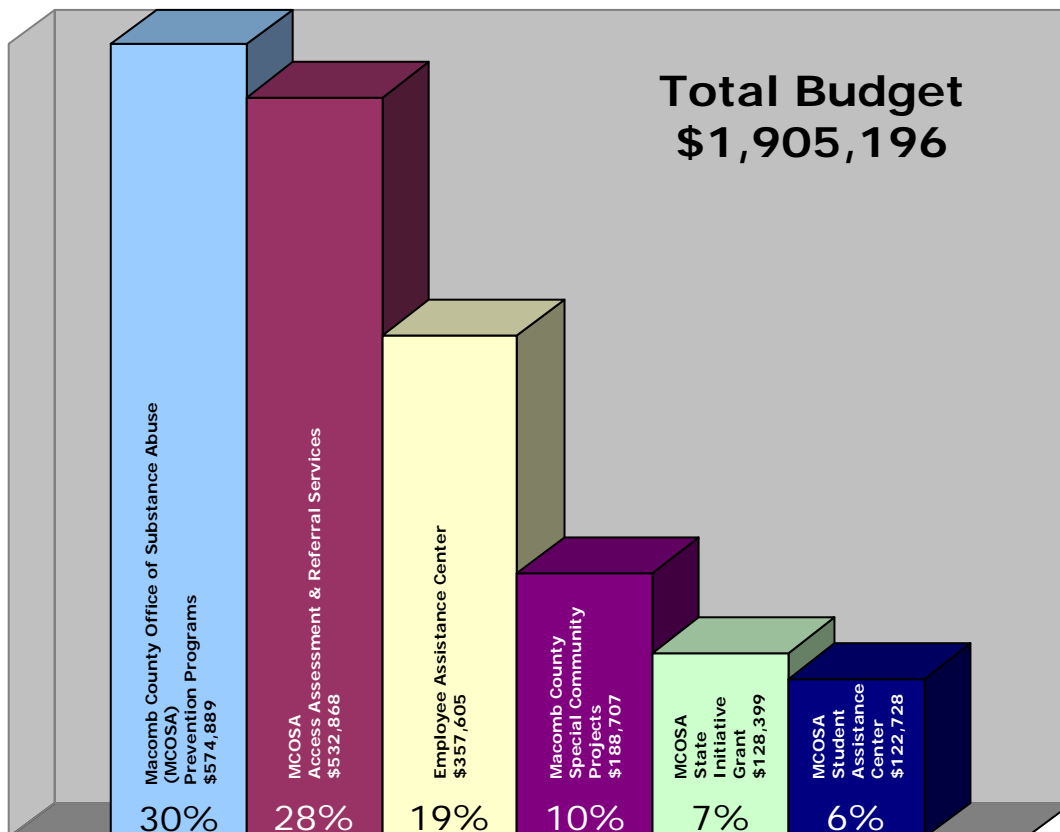
Program Area	People Served	Satisfaction %
<i>Access to Treatment</i> Adults with Substance Use Disorders Employees of Contracted Companies Students	6,839	98%
Adult Anger Management	37	94%
Anger Management for Students/Parents	119	94%
Early Childhood Education	3,870	98%
Individual alcohol, tobacco and other drug educational presentations	17,560	97%
Michigan Prison Re-entry Project	20	N/A
Parent Education Workshops	1,156	98%
Project Focus	136	100%
Reconnecting Youth	160	N/A
SMILE	1,521	92%
Employee Assistance Center Professional Development Workshops	4,765	94%
<i>TOTAL</i>	<i>36,183</i>	
Additional Recipients <i>health fairs, newsletters, Information & Referrals (telephone)</i>	39,688	
<i>GRAND TOTAL</i>	<i>75,871</i>	

Calendar of Achievements

October 2004	November 2004	December 2004
Greater Macomb Project Vox was formed. The group consists of individuals wanting to advocate, educate and motivate society in regards to the disease of addiction.	Celebrated the installation of CARE's glass block wall "In Recognition and Memory."	Received a Daily Point of Light award from the National Point of Light Foundation.
January 2005	February 2005	March 2005
Annual Board Meeting was attended by over 50 people. CARE's launched a new, redesigned website. <i>Stepping Stones</i> , CARE's quarterly newsletter, went through a redesign phase and was combined with the parent education and specialty workshop series list.	Wayne State University conducted a survey structured to identify internal agency strengths and weaknesses. Schools contracted with CARE's Student Assistance Center began receiving <i>SAC News</i> , a quarterly publication. <i>Family Connection</i> , a bi-monthly newsletter for Southern Macomb County Foster & Adoptive Parents was initiated.	Played host to over 500 parents at Macomb County's 10th Annual Parenting Conference. During the Macomb Intermediate School District's celebration of the Month of the Young Child, Kathy Rager, CARE's Executive Director and Sherry Covault, a long time CARE volunteer, received Hero From Age Zero awards from Great Parents, Great Start.
April 2005	May 2005	June 2005
The Nicotine Narcs hosted an all day informative conference titled "Inside the Dark Side" for students and parents with guest speaker Dr. Victor DeNoble, a former Phillip Morris employee.	CARE's Annual Tea and Luncheon was held at the Blossom Heath Inn and provided entertainment for 170 people. CARE supported the efforts of Safe Macomb at the Summer Safety Fest held at Metropolitan Beach.	A media event was held to kick off <i>Playhouse Village</i> , which consisted of 19 playhouses decorated by students from nine school districts. The playhouses were auctioned and earned funds to support Macomb County's 11th Annual Parenting Conference.
July 2005	August 2005	September 2005
Project Focus, two 8-session camp experiences and a school year program, provided support, education, and hope to youth and caregivers who are affected by living in alcoholic and other drug dependent environments.	The Women & Family Services Clothes Closet was launched and continues to provide professional business wear for women in treatment and recovery.	Awareness was brought to Fetal Alcohol Spectrum Disorder (FASD) during a MCFARES (Macomb County Fetal Alcohol Resource Education & Support) event held in the Mt. Clemens town square. The 2nd Annual Productivity in the Workplace Conference welcomed 125 employers and employees.

Initiatives/Collaborative Efforts at a Glance

- South Warren Family Resource Network** – SWFRN is a collaborative, operating out of Mt. Calvary Church, that focuses on fulfilling the *Family to Family* mission – to improve the lives of children who must live in foster care settings, their birth families and foster families. This initiative is funded through the Macomb County Department of Human Services.
- Macomb County Fetal Alcohol Resources, Education and Support** – MCFARES is a collaborative of county agencies, parents and community representatives offering accurate educational information and referral resources to those parenting children having fetal alcohol spectrum disorders. A support group meets monthly. This collaborative is funded through the Macomb County Mental Health Office of Substance Abuse and the Prevention Network.
- Greater Macomb Project Vox** – This voice of the recovering community is a grass root effort committed to education the community on alcoholism and other drug dependency issues. Members, recovering people and those impacted by addiction, also advocate for funding needed to provide adequate treatment for those suffering from the disease of alcoholism or other drugs. This activity is supported by the Macomb County Mental Health Office of Substance Abuse and donations.
- Safe Macomb** – Safe Macomb is a collaborative of five agencies representing various segments of the population. CARE, Turning Point, Highway Safety Association, the Macomb Chapter of Michigan Safe Kids and the Macomb Intermediate School District sponsor the Summer Safety Fest each May at Metropolitan Beach in Harrison Township.



2004-2005 Board of Directors

<u>Officers</u>	<u>Voting Members</u>	<u>Honorary Board Members</u>
<p>Robert Wirsing, Jr. President Retired Bank Auditor Comerica</p> <p>Cindy Anderson Vice President Community Representative</p> <p>Judy Southerland Secretary Attendance Officer Macomb Intermediate School District</p> <p>Carolyn J. Johnson Treasurer Business Manager Oakland University</p>	<p>Fredric Barbret Macomb County Ombudsman SmartBus</p> <p>Thomas Denewith Retired Principal L'Anse Creuse Schools</p> <p>John Iras Retired Principal Warren Consolidated Schools</p> <p>Richard Lange Retired Macomb Intermediate School District</p> <p>Patrick McLogan Division Director Macomb County Health Department</p> <p>Reverend Robert Perdue Pastor Celtic Cross Presbyterian Church</p> <p>David Saad Parole Officer Michigan Department of Corrections</p>	<p>Dr. Donald Amboyer Dean, Continuing & Professional Educ. Macomb Community College</p> <p>Joseph Fedorczyk Social Worker Van Dyke Schools</p> <p>Eric Jackson Deputy Supervisor Clinton Township</p> <p>Maryanne Mounts Sylvan Learning Center</p> <p>Judge Denis LeDuc 42-1 District Court Romeo</p> <p>Judge Pamela Gilbert O'Sullivan Macomb County Juvenile Court</p> <p>Judge Steve Sierawski 41-A District Court Sterling Heights</p> <p>Judge Kimberly Wiegand 41-A District Court Sterling Heights</p>

2004-2005 Friends of CARE

<p>Allie's Hair Salon America's Finest Printing AmeriSuites Angela Emmi Anna Bedard Avon, Betty Stutsky Barbara Wurzinger Bath & Body Works Baymont Inn Benedetto's Restaurant Bittner Chiropractic Borders, Inc. Buddy's Pizza C & C Heating & Cooling CARE Staff & Families Carolyn Mudge Citizens State Bank Cornerstone Baptist Church Creative Memories, Nancy Walker Crossroad's Village & Huckleberry Railroad CVS/pharmacy Detroit Lions English Gardens Ernie's Restaurant Fayway First Presbyterian Church - Mt. Clemens Flagstar Bank Fran Salvatore</p>	<p>Funcho's Gardner-White Furniture Gina's Salon Hair Color Experts Hellebuyck's Mower Center Hope United Church of Christ Jan Garbarino JDT Studios Jerry Moe John's Lumber Kathryn Glancy Katie Anderson Kiwanis Club - Lac Ste. Clair Kiwanis Club - Sterling Heights Kiwanis Club - Utica-Shelby Twp. Lakeside Mall Lord & Taylor Luciano's Restaurant Macomb Center for Performing Arts Macomb Mall Manhattan Marketplace Margaret Harting Mary Kay Cosmetics, Mary Beauregard Max & Erma's Mejjer, Inc. Michigan Business & Professional Association Mr. Sports Pizza</p>	<p>National City Nino Salvaggio's Northeast Family Day Spa Pam Burke Pamela's Catering Pampered Chef Pare Elementary School Patti Steele Paula Kircos Professional Massage Rainbow Recreation Randazzo's St. John Health Sam Hoffman Sandie Clark Sharon Labuda Shelby Township Community Foundation Shoreline Sweet Sound Adelines South Lake Schools Sterling Photography Stock Building Supply Talbot's of Lakeside Tastefully Simple The Flower Store Tupperware, Sheryl Loyal Two Men & A Truck Warm Spirit Zion United Church of Christ</p>
---	---	---



**Community Assessment
Referral & Education
31900 Utica Road
Fraser, MI 48026
www.careofmacomb.com**

Non-Profit Org
U.S. Postage
PAID
Permit No. 25
Fraser, MI 48026

Collaborative Relationships

Good Shepherd Coalition
Hispanic Coalition
Homeless Coalition
Human Services Coordinating Body
Interfaith Center for Racial Justice
Juvenile Officers Association
Local InterAgency Coordinating Council
M.A.C.O.M.B. 11
Macomb County Community Mental Health
Office of Substance Abuse
Macomb County Department of Human Services
Macomb InterAgency Council/Youth Council
Macomb Intermediate School District
Macomb Prevention Coalition
Student Assistance Network
Tri-County Basic ATOD Training Institute
Youth Violence Prevention Coalition